

## Parent Resources

- Health and Safety
  - [AgriLife](#) – Health and Safety: First Line of Defense
  - [AgriLife](#) -- Maintaining Health and Safety Practices
  - [AgriLife](#) -- Safe and Healthy Children
  - [Center for Disease Control](#)- Coronavirus Disease 2019 (COVID-19), Protect Your Family
  - [Coronavirus Resource Center](#)- Johns Hopkins University and Medicine
  - [Institute for Childhood Preparedness](#): Coronavirus Resources and Information
  - [Texas Health and Human Services](#)- Coronavirus Disease 2019 (COVID-19)
- Meals
  - [School Meal Finder](#)- Find where meals are being served for children while school is out of session.
  - [TEA](#): Texas Students Meal Finder map
- Children’s Mental Health During COVID-19
  - [Agrilife](#)- Help Children Cope with Trauma and Stress\*
  - [Centers for Disease Control and Prevention](#)- Talking With Children About Coronavirus Disease 2019
    - [In Spanish](#)
  - [Child Mind Institute](#)- Talking to Kids About the Coronavirus
  - [Child Trends](#)- Resources for Supporting Children’s Emotional Well-Being During the COVID-19 Pandemic
  - [Common Sense Media](#)- Help Your Family De-Stress During Coronavirus Uncertainty
  - [Healthychildren.org](#)- Stay Informed: 2019 Novel Coronavirus (COVID-19)
  - [PBS for Parents](#)- How You and Your Kids Can De-Stress During Coronavirus
  - [Sesame Street](#)- Caring for Each Other
  - [Talking to your children about COVID-19](#)
  - [UTHealth: “Creating a new normal for kids during the uncertainties of COVID-19”](#)
  - [Zero to Three](#)- Tips for Families: Coronavirus
- Aid for WiFi Services
  - [Internet Essentials](#)- Income based
- Learning and Physical Movement Resources for Children
  - [3M Young Scientist Lab](#)- Science Resources
  - [Abcmouse.com Early Learning Academy](#)- Full Online Curriculum for Children Ages 2-8
  - [ABCya!](#)-Learning Games and Apps for Kids
  - [Beachbody](#)- Kids Workouts

- [Boom Cards](#)- interactive lessons created by teachers
- [BrainPOP](#)- Animated Educational Site for Kids: Science, Social Studies, English, Math, Arts & Music, Health, and Technology
- [Cosmic Kids Yoga](#)
- [CLI Engage](#)- Family Resources for COVID-19
- [Free Online Learning and Education for Kids](#)-by grade level
- [GoNoodle](#)- Movement and mindfulness videos
- [Highlights Kids](#)- The place for children of all ages to play games and discover new jokes, surveys, answers to science questions, and fun crafts and recipes from Highlights.
- [Kidz BOP](#)- Dance Along Videos
- [Kid's National Geographic](#)
- [Kids Discover Online](#)- Science, Social Studies, and High-Interest Nonfiction, for grades 3-8
- [Little Sports](#)- Kids exercise videos
- [Phonics Hero](#)- Give your Child the Phonics Advantage (Parent 7 day trial)
- [Scholastic Learn at Home](#)- Day-by-day projects to keep kids reading, thinking and growing
- [Shape America](#)- Virtual Resources for Health & PE
- [Squiggle Park and Dreamscape](#)- Reading skill building for ages 3-15+
- [Starfall Education](#): Kids Games, Movies, & Books K-3
- [Storyline Online](#)- Stories read online
- [Switch Zoo](#)- Animal Games
- [Time for Kids](#)- Free Digital Library
- [Virtual Field Trips](#)
- [Wonderopolis](#)- Where the Wonders of Learning Never Cease
- Spanish Learning Resources for Children
  - [Story Place](#)- La biblioteca digital de niños
  - [PBS Kids](#)- Spanish Games
  - [Rock A Lingua](#)- Music Based Spanish Learning
  - [Bartolo](#)- ¡Prueba más recursos digitales de Bartolo!
- Additional Resources:
  - [COVID Resources from Center on Developing Child- Harvard University](#)
  - [A Guide to COVID-19 and Early Childhood Development](#)