



Blind Frontiers Podcast Episode 6 Show Notes

An Open Question

In this episode of the Blind Frontiers Podcast, host Jessica Glasebrook explores what it truly means to be blind—not as a limitation, but as an *open question*. Speaking from the Criss Cole Rehabilitation Center in Austin, Jessica invites listeners to rethink blindness beyond the word “can’t” and instead view it as a journey of discovery, confidence, and independence. Through a creative “question bucket” experiment, she shares some of the most common questions people ask about blindness—ranging from “What’s your cane for?” to “Do you dream?”—and offers insightful, often humorous, and deeply educational responses that reveal both the history and humanity behind these everyday curiosities.

The episode weaves together personal reflection, community wisdom, and historical context, such as the origins of the white cane and its symbolism of independence. Jessica also highlights the skills and mindset that empower people who are blind to lead self-sufficient lives—skills like labeling clothing, navigating with technology, and practicing orientation and mobility. Each answer underscores that blindness doesn’t define what people *can’t* do but opens up possibilities for how they *do* things differently and effectively.

Main takeaway: Blindness isn’t a closed concept – it’s an invitation to curiosity, capability, and connection. By asking questions and engaging openly, both sighted and blind communities can better understand that independence and inclusion grow not only from assumptions, but from shared learning and respect.

- [Download transcript](#)
- [Download the episode MP3](#)

Learn more:

Visit [Texas Workforce Commission](#) or call (512) 936-6400 for more information.

Subscribe to Blind Frontiers wherever you listen to podcasts to hear more inspiring stories and insights from the blind community.