# **Vocational Rehabilitation Services Manual C-800: Neurodevelopmental and Psychological Services**

Revised April 1, 2022

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## **C-804: Psychological Services**

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### C-804-2: Psychological Services Limits

Psychological Services are limited to the purchase of psychotherapy and outpatient psychiatric treatment. VR does not pay for inpatient psychiatric treatment. No exceptions to this policy are allowed. VR customers who need this level of treatment must be referred to the local mental health authority.

Outpatient sessions with qualified providers are limited to:

* a maximum of 15 individual sessions;
* a maximum 30 group sessions; or
* some combination of the two.

Exceptions require VR Supervisor approval.

Visits to a psychiatrist for medication monitoring only are not subject to these limitations but are subject to limitations on outpatient treatment. For further information, see [C-700: Medical Services](https://twc.texas.gov/vr-services-manual/vrsm-c-700).

Requests for psychological or neuropsychological tests not listed in the Maximum Affordable Payment Schedule (MAPS) require consultation with the Regional Psychological Consultant (RPC).

Actions that are contrary to the advice of the RPC require VR Manager approval.

Evaluation or treatment of customers by the RPC requires approval by the VR Supervisor.

For policies, procedures, and restrictions that apply to the purchase of prescription medications, refer to [C-703-24: Prescription Drugs and Medical Supplies](https://twc.texas.gov/vr-services-manual/vrsm-c-700#c703-24).

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