Parent Resources

- **Health and Safety**
  - [AgriLife](http://www.agrilife.org) – Health and Safety: First Line of Defense
  - [AgriLife](http://www.agrilife.org) -- Maintaining Health and Safety Practices
  - [AgriLife](http://www.agrilife.org) -- Safe and Healthy Children
  - [Center for Disease Control](http://www.cdc.gov) - Coronavirus Disease 2019 (COVID-19), Protect Your Family
  - [Coronavirus Resource Center](http://www.coronavirus.gov) - Johns Hopkins University and Medicine
  - [Institute for Childhood Preparedness](http://www.coronavirus.gov) - Coronavirus Resources and Information
  - [Texas Health and Human Services](http://www.tdhhs.gov) - Coronavirus Disease 2019 (COVID-19)

- **Meals**
  - [School Meal Finder](http://www.schoolmeals.org) - Find where meals are being served for children while school is out of session.
  - [TEA](http://www.tea.state.tx.us) - Texas Students Meal Finder map

- **Children’s Mental Health During COVID-19**
  - [AgriLife](http://www.agrilife.org) - Help Children Cope with Trauma and Stress*
  - [Centers for Disease Control and Prevention](http://www.cdc.gov) - Talking With Children About Coronavirus Disease 2019
    - In Spanish
  - [Child Mind Institute](http://www.childmind.org) - Talking to Kids About the Coronavirus
  - [Child Trends](http://www.childtrends.org) - Resources for Supporting Children’s Emotional Well-Being During the COVID-19 Pandemic
  - [Common Sense Media](http://www.commonsensemedia.org) - Help Your Family De-Stress During Coronavirus Uncertainty
  - [Healthychildren.org](http://www.healthychildren.org) - Stay Informed: 2019 Novel Coronavirus (COVID-19)
  - [PBS for Parents](http://www.pbs.org) - How You and Your Kids Can De-Stress During Coronavirus
  - [Sesame Street](http://www.sesamestreet.org) - Caring for Each Other
  - [Talking to your children about COVID-19](http://www.cdc.gov)
  - [UTHealth](http://www.uthealth.org) - “Creating a new normal for kids during the uncertainties of COVID-19”
  - [Zero to Three](http://www.zerotothree.org) - Tips for Families: Coronavirus

- **Aid for WiFi Services**
  - [Internet Essentials](http://www.internetessentials.com) - Income based

- **Learning and Physical Movement Resources for Children**
  - [3M Young Scientist Lab](http://www.3m.com) - Science Resources
  - [Abcmouse.com Early Learning Academy](http://www.abcmouse.com) - Full Online Curriculum for Children Ages 2-8
  - [ABCya!](http://www.abcya.com) - Learning Games and Apps for Kids
  - [Beachbody](http://www.beachbody.com) - Kids Workouts
- **Boom Cards** - interactive lessons created by teachers
- **BrainPOP** - Animated Educational Site for Kids: Science, Social Studies, English, Math, Arts & Music, Health, and Technology
- **Cosmic Kids Yoga**
- **CLI Engage** - Family Resources for COVID-19
- **Free Online Learning and Education for Kids** - by grade level
- **GoNoodle** - Movement and mindfulness videos
- **Highlights Kids** - The place for children of all ages to play games and discover new jokes, surveys, answers to science questions, and fun crafts and recipes from Highlights.
- **Kidz BOP** - Dance Along Videos
- **Kid's National Geographic**
- **Kids Discover Online** - Science, Social Studies, and High-Interest Nonfiction, for grades 3-8
- **Little Sports** - Kids exercise videos
- **Phonics Hero** - Give your Child the Phonics Advantage (Parent 7 day trial)
- **Scholastic Learn at Home** - Day-by-day projects to keep kids reading, thinking and growing
- **Shape America** - Virtual Resources for Health & PE
- **Squiggle Park and Dreamscape** - Reading skill building for ages 3-15+
- **Starfall Education** - Kids Games, Movies, & Books K-3
- **Storyline Online** - Stories read online
- **Switch Zoo** - Animal Games
- **Time for Kids** - Free Digital Library
- **Virtual Field Trips**
- **Wonderopolis** - Where the Wonders of Learning Never Cease

- **Spanish Learning Resources for Children**
  - **Story Place** - La biblioteca digital de niños
  - **PBS Kids** - Spanish Games
  - **Rock A Lingua** - Music Based Spanish Learning
  - **Bartolo** - ¡Prueba más recursos digitales de Bartolo!

- **Additional Resources:**
  - **COVID Resources from Center on Developing Child - Harvard University**
  - **A Guide to COVID-19 and Early Childhood Development**